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For better mental health

Newsletter March 09

Hello doesn't time fly when you're having fun. Who can believe that the ACE project will be 1 this month and boy hasn't it grown! In it's primary year it has enjoyed a variety of successful projects and worked with some amazing and committed young people. And with 2 new exciting groups as Hull Uni and Endeavour school just hotting it looks like there's not stopping you guys. Here's a bit of catch up of what's been happening.....



Gonecrazy.org.uk launch

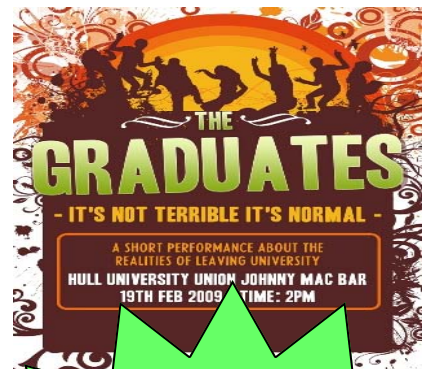
Gonecrazy.org.uk is officially launched on the 24th of this month with an event at Artlink in Hull followed by the aftershow party at The Lamp. The website is the work of ACE's 3rd group of volunteers who wanted to create a website to offer support and information and challenge the stigma that surrounds mental health, particularly psychosis. The website is the culmination of lots of hard work and uses personal stories and experiences as

THANK YOU!

To celebrate all the fantastic hard work all the ACE volunteers have put in this year we're having a party! All this year's volunteers are invited to a party at Big Fun on March 26th 09. Joining the celebration will be Hull CVS's Vinolved team and volunteers to join the fun.

The Graduates, It's not terrible it's normal

A short drama piece has been created by the volunteers in ACE group 4 aimed at recent graduates. The group performed their piece to students at Hull University Union and are creating a DVD resource to be distributed to University advice and careers centres. Lively Logan offer advice and support around many of the worries faced by graduates.



Vinspired.com have launched the new v-inspired site where you can log on, record your volunteering hours look for opportunities and meet other volunteers. Check out www.vinspired.com

The next ACE steering group meeting will take place on 31/03/09 5-7pm giving our volunteers the chance to give feedback and make decisions about the ACE project.. If you would like to be involved please get in touch.

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vinolvedproject